

Jenny's ELC Strathfieldsaye
Menu



Menu



MONDAY

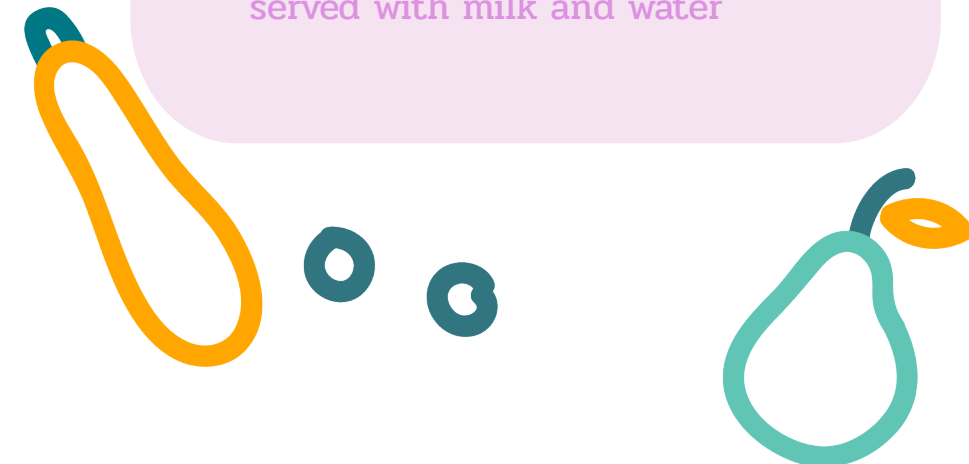
Breakfast
Assorted healthy cereals and wholegrain toast served with milk and water

Morning tea
Seasonal fresh fruit platter served with milk and water

Lunch
Tuna & vegetable pasta

Afternoon tea
Mixed sliced fruit served with milk and water

Late snack
Corn cakes with spreads and fresh fruit served with milk and water



Dietary requirements
Individual dietary requirements including known allergens are catered for.

Snacks
Late snack is provided for children who are collected later in the day.

Water
Water is offered throughout the day and is accessible in each room.

TUESDAY

Breakfast
Assorted healthy cereals and wholegrain toast served with milk and water

Morning tea
Seasonal fresh fruit platter served with milk and water

Lunch
Tropical chicken curry

Afternoon tea
Apple, pear & raspberry crumble served with milk and water

Late snack
Corn cakes with spreads and fresh fruit served with milk and water



WEDNESDAY

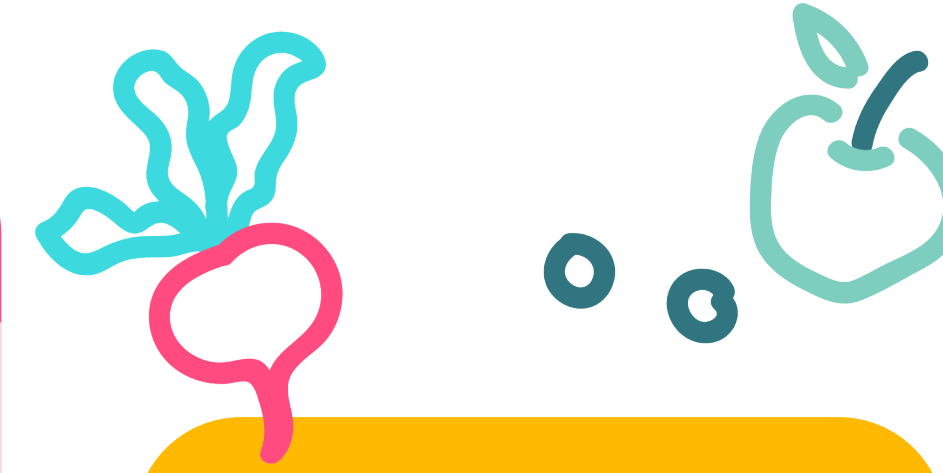
Breakfast
Assorted healthy cereals and wholegrain toast served with milk and water

Morning tea
Seasonal fresh fruit and Milk served with milk and water

Lunch
Beef & vegetable stew

Afternoon tea
Carrot slice

Late snack
Corn cakes with spreads and fresh fruit served with milk and water



THURSDAY

Breakfast
Assorted healthy cereals and wholegrain toast served with milk and water

Morning tea
Seasonal fresh fruit and milk served with milk and water

Lunch
Singapore noodles with chicken & vegetables

Afternoon tea
Ham, cheese & tomato muffins

Late snack
Corn cakes with spreads and fresh fruit served with milk and water



FRIDAY

Breakfast
Assorted healthy cereals and wholegrain toast served with milk and water

Morning tea
Seasonal fresh fruit and Milk served with milk and water

Lunch
Chickpea & cauliflower biryani

Afternoon tea
House made granola and yoghurt

Late snack
Corn cakes with spreads and fresh fruit served with milk and water