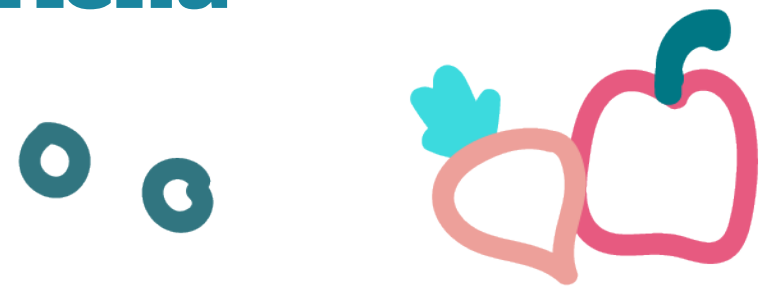


**Jenny's Bendigo Hospital**  
Menu



# Menu



## MONDAY

Breakfast	Assorted healthy cereals and wholegrain toast served with milk and water
Morning tea	Wholegrain Ryvitas with cream cheese & banana served with milk and water
Lunch	Mexican style lentil & vegetable nacho bake
Afternoon tea	Buckwheat fruit loaf with apple & pear wedges
Late snack	Ryvitas or wholemeal sandwiches with cream cheese or Vegemite served with milk and water



**Dietary requirements**  
Individual dietary requirements including known allergens are catered for.

**Snacks**  
Late snack is provided for children who are collected later in the day.

**Water**  
Water is offered throughout the day and is accessible in each room.

## TUESDAY

Breakfast	Assorted healthy cereals and wholegrain toast served with milk and water
Morning tea	Greek yoghurt with seasonal mixed fruit served with milk and water
Lunch	Moroccan beef & vegetable meatballs with couscous & rice
Afternoon tea	Sweetcorn & cream cheese dip with pita bread & vegetable sticks
Late snack	Ryvitas or wholemeal sandwiches with cream cheese or Vegemite served with milk and water

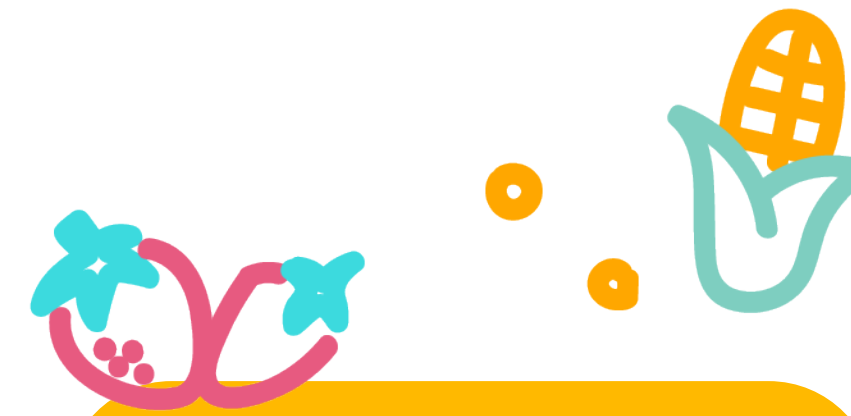
## WEDNESDAY

Breakfast	Assorted healthy cereals and wholegrain toast served with milk and water
Morning tea	Seasonal fresh fruit and Milk served with milk and water
Lunch	Asian style beef & rice
Afternoon tea	Wholemeal sultana loaf with apple & pear wedges
Late snack	Ryvitas or wholemeal sandwiches with cream cheese or Vegemite served with milk and water



## THURSDAY

Breakfast	Assorted healthy cereals and wholegrain toast served with milk and water
Morning tea	Wholegrain Ryvitas with cream cheese & banana served with milk and water
Lunch	Baked tuna & sweetcorn macaroni pasta
Afternoon tea	Buckwheat scones with watermelon wedges
Late snack	Ryvitas or wholemeal sandwiches with cream cheese or Vegemite served with milk and water



## FRIDAY

Breakfast	Assorted healthy cereals and wholegrain toast served with milk and water
Morning tea	Greek yoghurt with seasonal mixed fruit served with milk and water
Lunch	Honey soy chicken & salad wraps
Afternoon tea	Sweetcorn & cream cheese dip with pita bread & vegetable sticks
Late snack	Ryvitas or wholemeal sandwiches with cream cheese or Vegemite served with milk and water

